

# EARLY LEARNERS

18 months to under age 6

## GymBaby & SuperTots

(Walking to 23 months) & (24 months to under 4 years)

Inspiration and discovery in a gymnastics environment. Both GymBaby & SuperTots classes are parent-assisted and coach-led. Each GymBaby & SuperTot attends with their own safeguarding adult aged 18 and up. With you at their side, we guide you to personalize the challenge and focus for your child. To get the most out of GymBaby, we recommend that your child already be walking. *SuperTots is also available for children under 5 who are not quite ready to attend on their own. Please make arrangements to register through the Front Office.*

## Dinosaurs to Superstars & Kindersonic Academy

(4 to under 6 years)

In Dinosaurs to Superstars, you'll find the first four levels of our independent Early Learner program. Skills, imaginative activities and tricky challenges inspire our Dinosaurs to go faster, higher and stronger! Kindersonic Academy builds on the Dinosaurs program to keep our Early Learners progressing. It's 3 more levels of challenges and new skills.

Kindersonic Academy Prerequisite: Must have completed the KinderStar level.





*Dinosaurs is also available for children under 7 with developmental differences.*

*Please make arrangements to register through the Front Office.*

*Note: Early Learner gymnasts practice skills similar to*

*Airdrie Edge's artistic gymnastics program, CanGym. When Early Learners turn 6, they can transfer to their matching CanGym level in the next session.*

### Dinosaurs to Superstars

KinderSaurus 	CanGym Prep 1
KinderRocket 	CanGym Prep 2
KinderPlanet 	CanGym 1 burgundy
KinderStar 	CanGym 2 red

### Kindersonic Academy

KinderSonic 	CanGym 3 tan
KinderGalaxy 	CanGym 4 bronze
KinderAcademy 	CanGym 5 purple

# CANGYM

ARTISTIC GYMNASTICS

Ages 6 and up

# CANJUMP

TRAMPOLINE GYMNASTICS

Ages 6 and up

# FREESTYLE

URBAN GYMNASTICS

Ages 6 and up

# AERIAL ARTS

Under GYMNASTICS4LIFE

Ages 8 and up

INTRODUCTORY

1
2
3
4

Age 12 start level

Switch Programs  
at the same level

INTRODUCTORY

1
2
3
4

Age 12 start level

Switch Programs  
at the same level

INTRODUCTORY

1
2
3
4

Age 12 start level

INTERMEDIATE

5
6
7
8

Switch Programs by assessment.

INTERMEDIATE

5
6
7
8

Switch Programs by assessment.

INTERMEDIATE

5
6
7
8

ADVANCED

9
10
11
12

Switch Programs by assessment.

ADVANCED

9
10
11
12

Switch Programs by assessment.

ADVANCED

9
10
11
12

CanGym classes are available as follows:

- Levels 1-3 (Ages 6-8, Ages 6-11, Ages 8-11)
- Levels 4-5
- Levels 5-8
- Levels 6-8
- Levels 9-12

CanJump classes are available as follows:

- Levels 1-3 (Ages 6-8, Ages 6-11)
- Levels 1-5
- Levels 4-5
- Levels 6-8
- Levels 8+ (Ages 14+)

FreeStyle classes are available as follows:

- FreeStyle Academy Levels 1-4 (Ages 6-8)
- FreeStyle Trick Levels 1-4 (Ages 8-11)
- FreeStyle Twist Levels 5-8 (Ages 8+)
- FreeStyle Flare Levels 9-12 (Ages 10+)

### Other Classes Available:

Handsprings & Flips Level 1

(you want to learn a back handspring, and have passed level 5 in one of our gymnastics programs)

Handsprings & Flips Level 2

(you can do a back handspring)

Advanced Tumbling : Level 3

