

## Registration Information

Whether you're new to the sport or have already reached a high level, we've got a class for you! Airdrie Edge's weekday summer classes and camps are fun and focused! With daily practice, be prepared to learn a lot. Your coach will give you a personal, regular-season level recommendation at the end of the week.

Registration for the summer session is available online at [airdrieedge.com](http://airdrieedge.com)

*Age is calculated according to how old a gymnast is on the first day of class in the week they attend*

The **Alberta Gymnastics Federation (AGF)** Membership Fee is \$35.50 and is valid from July 1, 2018 to June 30, 2019. All participants are required to pay this fee.

### Fall 2018

Program information will be available in early August. Summer Camp Participants can sign up on the first day of registration

### Parties and Rentals

Additional dates may be available for Birthday Parties and Gym Rentals. Please visit or contact the front office for more details.



## Teen Drop-in Gymnastics

Tuesday's at 8:00pm (no entry after 8:10pm)  
1 hour/week, for ages 15 and over.

A structured 10-min warm up then 50 minutes of supervised practice. The focus is on gymnastics skill development and safety.

*Drop-in participants under age 18 must have proof of age and a signed drop-in waiver for the current season on file. IMPORTANT: Waivers must be signed in-person, at the gym by the participant's parent or guardian.*

## Party Bookings!

Host an awesome party at Airdrie Edge Gymnastics! Athletes will be led through a highly-active, fun-filled hour in the gym! After, you will have 45 minutes in the upper deck area for your own activities and snacks! You and your guests will be tired and smiling by the end of it!

**Saturday, July 14th**

OR

**Saturday, August 11th**

### Party Times:

Up to 10 guests: \$225.00

Up to 20 guests: \$300.00

*Book in-person at the Front Office.  
Check out our party guidelines at [airdrieedge.com](http://airdrieedge.com)*

## Front Office Hours

**Monday to Friday: 8:30am - 4:30pm**

### Exceptions:

**Monday, July 9th: 9:30am - 3:30pm**

**Monday, July 23rd: 9:30am - 3:30pm**

**Monday, August 6th: Stat Holiday. Gym Closed.**

*\* Office Hours subject to change, call or check website for updates*

## Contact Us

(403) 948-7769

800 East Lake Blvd

Airdrie, AB T4A 2K9

[info@airdrieedge.com](mailto:info@airdrieedge.com)



@AirdrieEdge



# SUMMER CAMPS 2018

*A Whole lot of Flippin' Fun!*

[airdrieedge.com](http://airdrieedge.com)

# MEGAGYM

Everything gymnastics! MegaGym touches on all the apparatus: vault, bars, beam, floor, rings, and trampoline! This camp incorporates fitness, games, and skill-based activities that will get kids moving and engaged.

Ages 6+

11:30 am, 4.5 hours each day

*Includes two 2-hour sessions plus a half-hour supervised lunch/rest break.  
Please bring a water bottle and a packed lunch each day.*

Week 1: July 2 - July 6 \$280.50

Week 2: July 16 - July 20 \$280.50

Week 3: July 30 - Aug 3 \$280.50

Week 4: Aug 7 - Aug 10 \$224.40

Week 5: Aug 13 - Aug 17 \$280.50

Week 6: Aug 27 - Aug 31 \$280.50

# INTENSE GYMNASTICS

Participants develop skills and proper technique in two different disciplines: Artistic Gymnastics and Trampoline & Tumbling. These skills may include handsprings, flips, walkovers, handstands, cartwheels and roundoffs. It's a lot of work and a lot of fun!

Intense Gymnastics is for gymnasts who have completed CanGym or CanJump level 5.

Ages 6+

11:30 am, 4.5 hours each day

*Includes two 2-hour sessions plus a half-hour supervised lunch/rest break.  
Please bring a water bottle and a packed lunch each day.*

Week 1: July 9 - July 13 \$280.50

Week 2: Aug 7 - Aug 10 \$224.40

# CIRQUE SUMMER

Let's put on a show! This camp combines acrobatic gymnastics and aerial silks. It's a fun and fitness-building five-day adventure. Coaches will prepare athletes to perform the skills they have been practicing for the parents on the last day of camp. Beginner to advanced levels are welcome.

Ages 6+

11:30 am, 4.5 hours each day

*Includes two 2-hour sessions plus a half-hour supervised lunch/rest break.  
Please bring a water bottle and a packed lunch each day.*

Week 1: July 23 - July 27 \$280.50

Week 2: Aug 13 - Aug 17 \$280.50

# PARKOUR NINJA

Parkour Ninja Academy

This camp includes gymnastics, trampoline, parkour skill building and stage fighting, with a focus on stealth and fast reflexes. Develop the judgement and skill it takes to be a Parkour Ninja. Ninja will present their staged masterpieces to the parents on the last day of camp.

Ages 6 to 11

Urban Intensive Ninja

This camp focuses on a higher level of acrobatics and parkour. Gymnasts under 12 who have passed level 4 in our freestyle program are also more than welcome to attend this camp.

Ages 12+

11:30 am, 4.5 hours each day

*Includes two 2-hour sessions plus a half-hour supervised lunch/rest break.  
Please bring a water bottle and a packed lunch each day.*

Week 1: July 9 - July 13 \$280.50

Week 2: July 23 - July 27 \$280.50

Week 3: Aug 20 - Aug 24 \$280.50

# KINDER SUMMER

Our Kinder Summer camp is for gymnasts aged 4 and 5 years old. It is an unparented gymnastics adventure. Kinder Summer explores each apparatus, with an extra helping of trampoline in its imaginative activities.

Ages 4 to 5

10:00 am, 1 hour each day

*Please remember to bring a water bottle to each class.*

Week 1: July 2 - July 6 \$76.50

Week 2: July 16 - July 20 \$76.50

Week 3: July 30 - Aug 3 \$76.50

Week 4: Aug 20 - Aug 24 \$76.50

# SUMMERTOTS

SummerTots is a parent-assisted gymnastics class. With you at their side, small gymnasts practice with a playful attitude, growing confidence, and increasing skill. This class is a terrific, early learning, active lifestyle choice, focusing on balance, coordination, and fundamental movement patterns.

Ages 2 to 3

9:00 am, 50 minutes each day

*Please remember to bring a water bottle to each class.*

Week 1: July 2 - July 6 \$76.50

Week 2: July 16 - July 20 \$76.50

Week 3: July 30 - Aug 3 \$76.50

Week 4: Aug 20 - Aug 24 \$76.50

