

EDGE INTERCLUB!

The Airdrie Edge Interclub programs are for hard working, dedicated athletes who want to add a performance aspect to their gymnastics experience. Athletes in the Interclub groups will train 2x per week for 2 hours to further enhance their technical skills, create individualized routines, and learn the mental skills necessary to perform their routines in front of an audience.

For the start up of our Interclub program, we will host two internal Interclub meets during the Fall session. This will give the athletes two opportunities to show their progress on the routines they will be working on over the next couple of months.

Program Eligibility Requirements

CanGym Interclub (Beam, Bars, Floor, Vault):

- CanGym Level 4 Pass or higher

CanJump Interclub (Trampoline, Tumbling, Double-Mini):

- CanJump Level 4 Pass or higher in the new program (effective in the Spring 2018 session)

Interclub is not a part of the Competitive programming here at Airdrie Edge. While Interclub has the potential to be a valuable step, it is not a necessary stepping stone in pursuing a competitive career; nor does being in the Interclub program secure/guarantee your athlete a spot in either Competitive program.

If you are interested in Competitive Artistic Gymnastics (CanGym) please contact, head coach, Tianna Larson Voth at tianna.larson@airdrieedge.com.

If you are interested in Competitive Trampoline and Tumbling (CanJump) please contact, head coach, Jamie Atkin at jamie.atkin@airdrieedge.com.